**PROJECT** 

## ECO-mission for changes climate

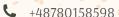




The Einai Foundation from Dąbrowa Górnicza is a non-governmental, non-profit organization that deals with informal philosophical, civic and democratic education through discussion clubs, development of human potential through various workshops, trips and debates. The main mission is to promote a culture of open dialogue.

## PROJECT FUNDED BY THE EUROPEAN SOLIDARITY CORPS





**f** @einai.foundation

einai.foundatio@gmail.com





We are a group of 6 young people united by caring for the common good and fighting for a better world. This project is the result of brainstorming and joining forces with the Einai Foundation to help in environmental education in the region of Zagłębie Dąbrowskie.



eco-cheerful





## eco-cheerful

3 trips to the "Ekocentrum" meteorological and research station in Goczałkowice-Zdrój





13 Ecological Meetings

188 participants of Ecological Meetings





10 cooperation institutions

### ABOUT THE PROJECT

Our project: "ECO-mission for climate change" (ESC, Poland, Solidarity Projects) is the idea of a group of 5 young people who, together with the Einai Foundation, decided to promote and educate healthy ecological habits, so that as many people as possible could participate in a joint change to save our planet.



Our project is primarily based on the principle of common sense ecology limiting consumerism based on healthy everyday habits. That is why we adhere to the principle of "3E = Economy, Ecology, Ergonomics". A real ecological life based on environmental protection is primarily a thoughtful and reasonable management of what you have at home, limiting consumerist stimulation (and eliminating the common phenomenon of hyperconsumptionism and artificial creation of needs, e.g. through sales and occasional holidays).







## 5 eco-tips on a daily basis

#### eco-home

Let's reach for the goodies that are waiting in the cupboard of our home. Let it be clean, fragrant and safe for us and the environment: baking soda, vinegar, lemon, table salt, citric acid, essential oils, algae sponges, sand.



#### eco-work

Are you wondering how to be ecofriendly at work? First of all, replace paper documents with ONLINE, segregate garbage, use batteries instead of batteries, use LED bulbs, drinking bottles with a filter



#dontbuyadopt As with every living being we care for - let's pay attention to their dignity and living conditions. Food is one of them. Let's pack dog waste in corn bags, let's make toys ourselves, buy bowls made of ceramics, glass or metal



# A

#### eco-walk

Plogging is true jogging combined with collecting garbage, but walking with a companion in the nearby park can also be counted. Find a plastic bottle? Why not throw it in a nearby waste container?



Who among us has not seen or participated in a competition to unroll a roll from the longest chain of plastic bags in grocery stores? Carry your own reusable bags or put fruit loose in the basket, and it's best to go to the market or local bazaar.







